


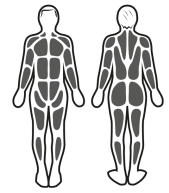
> 1,40m 34 1,27m

1 = 11,48m
2 = 7,49m
3 = 3,45m

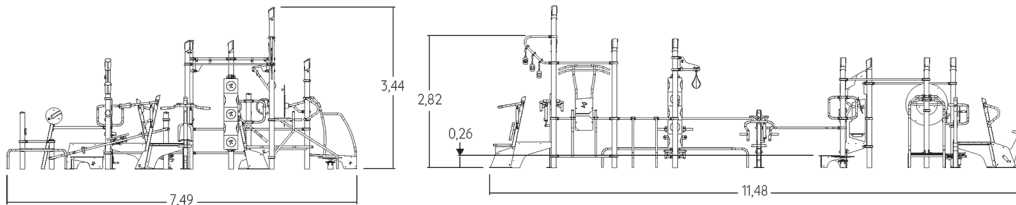
 Physical inclusion



Sports formula



Muscular stimulation



► **Sports activities :** **53**

balancing



x3

jumping



x2

hanging



x7

Pull-ups



x10

Dips



x4

Push-ups



x5

Squats



x1

Abs



x3

boxing



x2

pedalling



x1

rowing



x1

walking



x2

running



x1

Resistance



x4

spinning




x4

Lift



x3

 muscle strengthening

 heart health

 balance

 coordination

Components

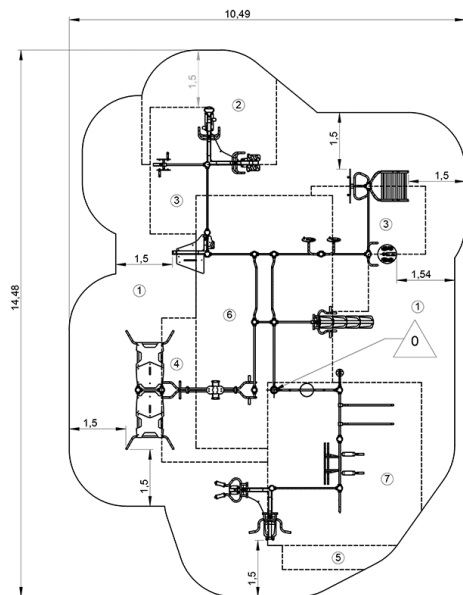


- ❶ Barres parallèles doubles mixtes
- ❷ Step
- ❸ Horizontal bar L. 180 cm
- ❹ Arm Bike
- ❺ Shoulder disc
- ❻ Punchbag
- ❼ Punchball
- ❽ Vertical jump activity
- ❾ Dual Rowing Machine
- ❿ Abs Board/Push-ups
- ⓫ Squat
- ⓬ Overhead press
- ⓭ 3 in 1 Totem
- ⓮ Balance Board
- ⓯ Tai-Chi Wheels
- ⓰ Runner
- ⓱ Power tower
- ⓲ Sloping Bars
- ⓳ Bike
- ⓴ Stepper
- ⓵ Bench press
- ⓶ Horizontal bar L. 125 cm
- ⓷ Smartphone holder

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



1	0,6m	58,5m ²
2	0,8m	8m ²
3	0,9m	11m ²
4	0,95m	4,5m ²
5	1m	2m ²
6	1,1m	21,5m ²
7	1,27m	17,5m ²



2



30h00



6m³

m²

123m²



1265kg



47kg

