

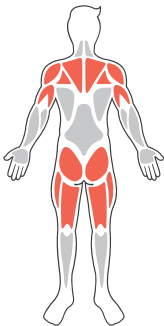
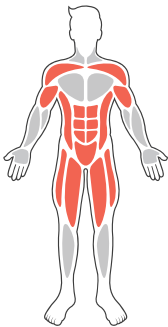
## Waist Twister BX/SG 3005



### Dimensions:

1274 x 1310 x 1463 mm

### Muscle Groups:



## Product Information

A great addition to any fitness circuit, the Waist Twister is the perfect warm-up or cool down exercise. Engaging the core and giving a light exercise it is ideal for all abilities.

## Specification

- Certified to BS EN 16630:2015 safety standard
- Manufactured from pre-galvanised steel
- Corrosion resistant
- Quality checked by RPII inspector prior to dispatch
- Supplied with Stainless Steel fixings

## Users

**3** Suitable for up to three (3) users above 140cm / 4'7" in height

## Features

- Targets improved flexibility, coordination and balance
- Is suitable for 1-3 users at one time, promoting social interaction
- Easy to use, encouraging best practice for warm ups during workouts
- Uses our unique "safety stop" system