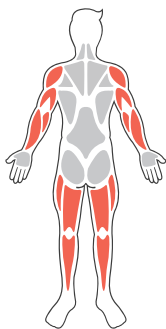
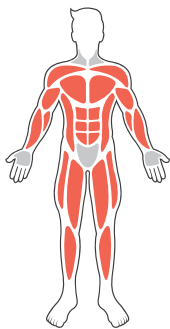


Rower
BX/SG 3014



Dimensions:
1198 x 805 x 1150 mm

Muscle Groups:



Product Information

Add familiarity to your outdoor gym with our Rower. Similar in design to the traditional rowing machine, our outdoor Rower provides a great cardiovascular workout, using the arms, legs and core body muscles.

Specification

- Certified to BS EN 16630:2015 safety standard
- Manufactured from pre-galvanised steel
- Corrosion resistant
- Quality checked by RPII inspector prior to dispatch
- Supplied with Stainless Steel fixings

Users

- 1 Suitable for a single user above 140cm / 4'7" in height

Features

- Provides either a warm up or intense workout dependant on pace
- Helps to build core muscles, as well as those in the arms and upper legs
- Employs the user's body weight as resistance
- A unique "safety stop" system

